



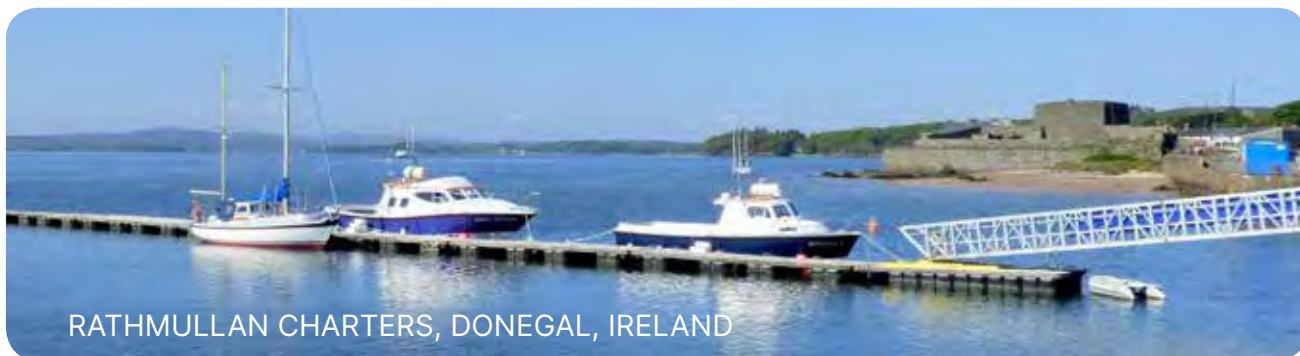
# 23<sup>RD</sup> WORLD CHAMPIONSHIPS BOAT ANGLING JUNIORS

RATHMULLAN CO. DONEGAL, IRELAND



24<sup>TH</sup> TO 31<sup>ST</sup> AUGUST 2024





RATHMULLAN CHARTERS, DONEGAL, IRELAND

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# Message from the President of IFSA



The Fips 23<sup>rd</sup> World Boat Angling Championships Juniors 2024 will be Organized and hosted by The Irish Federation of Sea Anglers. The event will be fished out of Rathmullan Co. Donegal, from August 24th to 31st, 2024.

May I extend a warm welcome to you all, Tá fáilte romhat. This brochure is designed to give competing anglers from every Nation and Federations they will be Representing an insight into the event.

The Irish Federation of Sea Anglers would like to wish all the competitors the very best of luck and tight lines for the event and we hope to make the championships a memorable and enjoyable experience for all.

A list of contact numbers will appear on the later pages, and we hope that if you have any queries that you will contact us.

**Pat Walsh,**  
**President IFSA**



**Pat Walsh - President**





# Comhairle Contae Dhún na nGall Donegal County Council

## Welcome Message from Donegal Co. Council

Dear Participants,

On behalf of Donegal County Council, it is with great pleasure that we welcome you to the Boat Angling Junior World Championships. We are incredibly proud and excited to host this prestigious event in our beautiful county.

Donegal, situated in the Northwest of Ireland, is a place of unrivalled natural beauty, known for its rugged coastline, majestic mountains and charming towns. With a population of approximately 160,000 people, Donegal is the fourth largest county in Ireland, boasting a rich cultural heritage, vibrant arts scene and welcoming community spirit.

Our county is renowned for its spectacular coastline which stretches over 1,100km, making it an ideal location for this championship. It is also home to the highest sea cliffs in Europe, the Slieve League Cliffs, and the stunning Glenveagh National Park.

Donegal's history is steeped in maritime tradition, with fishing playing a central role in our community. We are proud to continue this tradition by hosting the Boat Angling Junior World Championships, bringing together young enthusiasts from around the globe to our shores.

As you embark on this competition, we hope you take the opportunity to explore Donegal's unique charm and beauty, savour our local cuisine, and engage with our warm and friendly locals.

Good luck to all participants. We are confident that your time in Donegal will be memorable and rewarding. May the championship not only be a showcase of your angling skills, but also an opportunity to foster international friendships and shared love for this sport.

Céad Míle Fáilte – a hundred thousand welcomes to Donegal!

On behalf of the people of Donegal, we look forward to welcoming you all and sharing the magic of Donegal with you.

Slán go fóill,

Donegal County Council



# Program / Programme

**24-08-2024**

**Saturday**

**Samedi**

19H00

Arrival of Delegations / Arrivée des Délégations  
Delivery of Accreditation / Livraison de L'agrément  
Dinner / Diner

**25-08-2024**

**Sunday**

**Dimanche**

08H00  
10H00  
13H00  
16H00  
18H00

Breakfast / Petit Dejeuner  
Captains Meeting / Reunion des Capitaines  
Lunch / Dejeuner  
Official Opening Ceremony / Ceremonie D'ouverture Officielle  
Dinner / Diner

**26-08-2024**

**Monday**

**Lundi**

06H30  
08H15  
09H30  
13H00  
15H00  
20H00

Breakfast / Petit Dejeuner  
Departure of Boats for Training / Depart des Bateaux pour L'entrainement  
Start of Official Training / Debut de L'entrainement Officiel  
Lunchpackets - Lunch / Paniers Repas - Dejeuner  
End Of Official Training / Fin De L'entrainement Officiel  
Dinner / Diner

**27-08-2024**

**Tuesday**

**Mardi**

06H30  
08H15  
09H30  
13H00  
15H00  
18H00  
20H00

Breakfast / Petit Dejeuner  
Departure to the First Day of Fishing / Depart Pour le Premier Jour de Pêche  
Start of Official 1st Day of Competition / Debut du 1Er Journée Officiel  
Lunchpackets - Lunch / Paniers Repas - Dejeuner  
End of Official 1st Day Of Competition / Fin de la 1Er Journée Officiel  
Results of The Day / Resultats du Jour  
Dinner / Diner

**28-08-2024**

**Wednesday**

**Mercredi**

06H30  
08H15  
09H30  
13H00  
15H00  
18H00  
20H00

Breakfast / Petit Dejeuner  
Departure to the Second Day of Fishing / Depart Pour Le Deuxième Jour de Pêche  
Start of Official 2nd Day Of Competition / Debut du 2Ème Jour de Pêche  
Lunchpackets - Lunch / Paniers Repas - Dejeuner  
End Of Official 2nd Day Of Competition / Fin du 2Ème Jour Officiel  
Results of The Day / Resultats du Jour  
Dinner / Diner

**29-08-2024**

**Thursday**

**Jeudi**

06H30  
08H15  
09H30  
13H00  
15H00  
18H00  
20H00

Breakfast / Petit Dejeuner  
Departure to the Third Day of Fishing / Depart Pour Le Troisième Jour De Pêche  
Start of Official 3rd Day of Competition / Debut Du 3e Jour de Pêche  
Lunchpacket - Lunch / Paniers Repas - Dejeuner  
End Of Official 3Rd Day Of Competition / Fin Du 3E Jour Officiel  
Results Of The Day / Resultats Du Jour  
Dinner / Diner

**30-08-2024**

**Friday**

**Vendredi**

08H00  
13H00  
19H00  
20H00

**Reserve Day In Case Fishing Is Not Possible On One Of The Previous Days/  
Jour De Réserve S'il N'était Pas Possible De Pêcher En Un Jour Précédent**  
Breakfast / Petit Dejeuner  
Lunch / Dejeuner  
Closing Ceremony / Cérémonie de Clôture  
Gala Dinner / Diner de Clôture

**31-08-2024**

**Saturday**

**Samedi**

08H00  
09H30

Breakfast / Petit Dejeuner  
Departure of Delegations / Départ des Délégations



## Hotel / Hôtel



### WELCOME TO THE 3 STAR STATION HOUSE HOTEL IN LETTERKENNY

**Contemporary, Boutique Style, Family Run Hotel on a Historic Site in Letterkenny Town Centre in the Heart of Donegal's Wild Atlantic Way, Boasting 81 Spacious Bedrooms.**

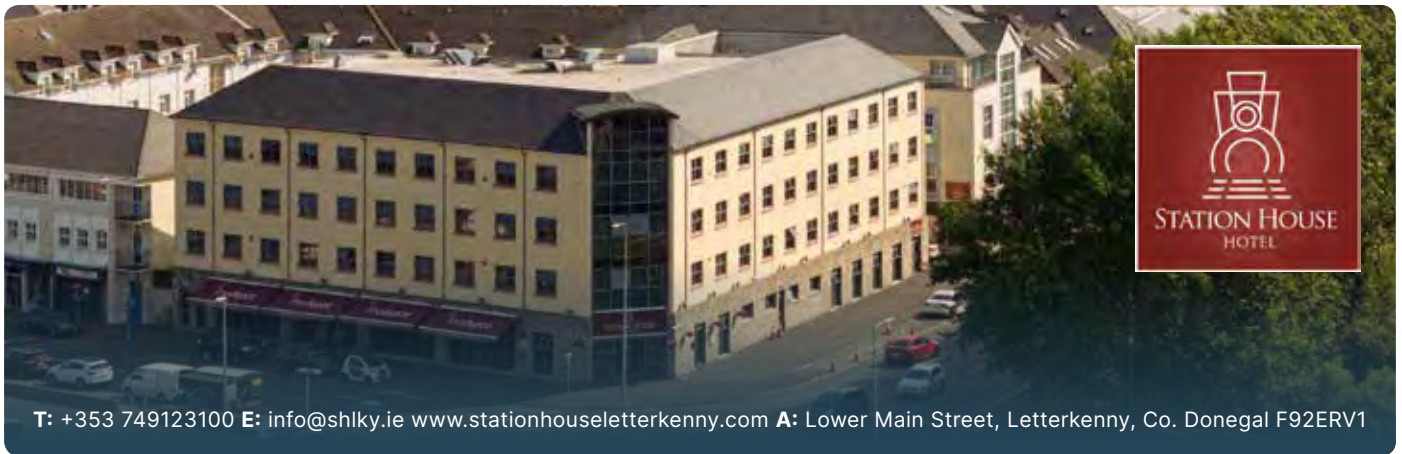
Accommodation | Small/Large Groups | Social Gatherings | Meetings & Events | Dining

**Welcome to the Station House Hotel, Letterkenny** (*Céad Míle fáilte*)

- 3 Star Hotel boasting 81 spacious bedrooms
- Over 17 years at the heart of the Letterkenny Community
- Renowned for a warm Donegal welcome, quality accommodation, dining and a true local's local. and delicious food
- Built on the grounds of where the old station house once stood when the railway system in Donegal was in operation 1901-1940's
- Winners of numerous awards such as TripAdvisor's Travellers Choice, the TripAdvisor's Certificate of Excellence and TripAdvisor's Best of the Best for 12 years in row. Reviews from millions of TripAdvisor travellers places this hotel in the top 10% worldwide!
- The hotel is also highly rated on Google and has the best user rating in the area
- Fáilte Ireland Safety Charter certified
- Free onsite car and coach parking
- Wheelchair access throughout the hotel
- Fully equipped with Free WIFI access, a state-of-the-art system that allows all of our guests first class upload and download capacity.



# Hotel / Hôtel



T: +353 749123100 E: info@shlky.ie www.stationhouseletterkenny.com A: Lower Main Street, Letterkenny, Co. Donegal F92ERV1

The hotel is superbly located in the heart of the thriving town of Letterkenny, so you only have to open our doors and you are right where all the action is! From the endless number of family-friendly activities to shopping centres, charming boutiques, the vibrant nightlife scene, relaxing restaurants, the theatre and more, and with easy access to all major routes and natural attractions, Letterkenny has so much to offer!

For satellite navigation systems please use the following GPS co-ordinates for the Station House Hotel Letterkenny: F92ERV1

- N54 degrees 56.75 minutes
- W7 degrees 44.394 minutes

## Distance from Airports

- City of Derry Airport - 45kms
- Belfast International Airport - 120kms
- Belfast City Airport - 140kms
- Donegal Airport - 50 kms
- Dublin Airport - 190kms



## Nearby Attractions



Fanad Lighthouse

The Hotel is located to nearby major Donegal attractions including

### The hotel is ideally located within walking distance:

1. Shopping  
*(large shopping centres, to individual charming boutiques)*
2. Bars, clubs, cosy pubs & relaxing restaurants
3. Donegal County Museum; Houses many items of local historical importance
4. An Grianan Theatre
5. Regional Cultural Centre

### Local attractions include:

6. Glenveagh National Park
7. Sliah League Cliffs
8. An Grianan of Aileach
9. Blue Flag Beaches;
10. Letterkenny Golf Club
11. Donegal Ancestry / Heritage
12. Wild Ireland
13. Fanad Lighthouse
14. Doe Castle



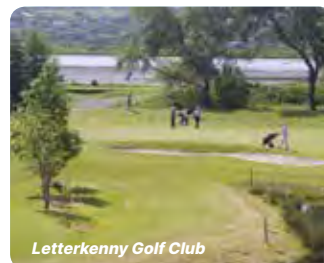
Sliah League Cliffs



Glenveagh National Park



Glenveagh National Park



Letterkenny Golf Club



An Grianan of Aileach





# Hotel Product



The Station House Hotel is a Fáilte Ireland certified to a 3-star standard

We offer a mixture of Room types to suit your needs! Executive, Double, Twin, Triple, Family, Interconnecting and Accessible bedrooms. All of which are vibrant with a fresh and contemporary approach to the décor and designed with your comfort in mind! All bedrooms are spacious and have a home away from home feel, and feature stunning Innovative unique glass panelled bathrooms with walk-in showers that create a beautiful gleaming space. All bedrooms and throughout the hotel are fully equipped with Free WIFI access, a state-of-the-art system that allows all of our guests first class upload and download capacity and all modern accessories.

### All bedrooms offer the following facilities:

- Free WIFI
- Plasma TV's with 50+ Channels
- Tea / Coffee making facilities
- Direct Dial Telephone
- Hairdryer
- Safe
- Ensuite wash room style glass panelled bathrooms
- Iron and ironing boards



Banqueting facilities; The Glenswilly Suite offers private function room space complete with its own private bar. Perfect for all types of events including meetings, conferences, private dinners, parties and everything in between.



## Additional Information



### The Station House Hotel is home to the Depot Bar & Restaurant

The Station House Hotel is home to “The Depot”, which is a true “locals local” and one of Letterkenny’s best and most popular bar & restaurant! It offers a casual dining experience with consistent reliable excellence coupled with a warm welcome, friendly banter and a relaxing ambience.

Since opening in 2006 our focus has been to provide good quality food using the finest of fresh seasonal local produce to create dishes that just ooze with flavour! Delicious food is served in the Depot 7 days a week! Various menus are available including lunch, barfood, set dinner menus, vegan, gluten free, dessert, children’s etc. The Depot also features a selection of bottled beers, craft beers, draught, spirits, stout, Irish whiskeys, premium wines, soft drinks, hot beverages and a delicious range of cocktails for you to try and more!

The Depot is also a great place for meeting the locals that provide a welcome like no other! Or sinking into an arm chair with a cup of tea or coffee and sharing your travel stories with your friends or family using our FREE high speed WIFI.

Sports fans are also welcome and well catered for - with live football, rugby and other sporting events featuring regularly on our plasma screens!

- **Live Music & Dancing every Saturday night in the Depot Bar**
- **Social Dancing in our Glenswilly suite every Sunday night**
- **Traditional Live Irish Music Session in the Depot Bar every Wednesday night**



# General Information / Information Général

## I. ORGANIZATION / ORGANISATION

The Organiser of the Championships is the IRISH FEDERATION OF SEA ANGLERS [IFSA] / L'Organisateur des Championnats est la FEDERATION IRLANDAISE DES PECHEURS EN MER (IFSA).  
**Secretary:** John Martin **Address:** 65, Arbour Heights, Waterpark, Carrigaline, Co. Cork, P43 WY88.  
**Tel:** +353 87 202 8381 **E-mail:** secretaryifsa2018@gmail.com **Website:** www.ifsa.ie  
**Contact Persons / Personnes à Contacter:** Brian Whelan  
**Tel:** +353 87 224 1242 **E-mail:** wbcy24@ifsa.ie

## II. TRANSFERS / TRANSFERTS

Organization will provide transfer, with an extra cost. Please Contact us / L'organisation offrira un transfert, avec un coût supplémentaire. Contactez-nous s'il vous plait.

## III. INSURANCE / ASSURANCE

The Organiser undertakes to insure all the participants in the Championship against accidents and death, with the relevant state insurance agency, at its own expense.  
L'Organisateur s'engage à assurer tous les participants du Championnat en cas d'accident ou de mort, avec l'agence d'assurance de l'Etat concerné, à ses propres frais.

## IV. MEDICAL CERTIFICATES / CERTIFICATS MÉDICAUX

When the National Federation signs and stamps the registration of a team its representative assumes that all its athletes who entered in the competition have their sports medical certificates valid.  
Lorsque la fédération nationale signe et marque l'inscription d'une équipe, son représentant suppose que tous les athlètes inscrits à la compétition ont leurs certificats médicaux sportifs valides.

## V. ANTI-DOPING CONTROL

The Organizer would like to remind all the participants/competitors that the participation in the Championship implicitly includes the acceptance of ALL the sports anti-doping rules of WADA.  
L'organisateur tient à rappeler à tous les participants / concurrents que la participation au Championnat inclut implicitement l'acceptation de TOUS les règles de la WADA.

## VI. NATIONAL FLAG AND ANTHEM / DRAPEAU NATIONAL ET HYMNE

National organizations are responsible for supplying the organizer with at least one (preferably two) flags of their country, of the prescribed size, as well as a CD/USB stick with their national anthem.



# General Information / Information Général

## VII. MEDALS AND OTHER RECOGNITIONS / MÉDAILLES ET AUTRES DISTINCTIONS

The winners will be given medals – gold silver and bronze – by FIPS-M, while the Organizer will offer cups and other commemorative awards.

Les gagnants recevront des médailles - or, argent et bronze - FIPS-M, tandis que l'organisateur offrira coupes et autres récompenses commémoratives.

## VIII. CURRENCY/ DEVISE

The currency in use is EURO. / La monnaie utilisée est l'Euro.

## IX. FISHING SHOP

1, HALFWAY ANGLING CENTRE

TACKLE DIRECT IRELAND

HALFWAY, BALLINHASSIG, CO.CORK. T12 V228

**Tel:** +353 21 488 5894 **E-mail:** shop@tackledirectireland.ie

**Web:** tackledirectireland.ie

## X. COMPETITION RULES

Classification system that will be used, is based on points according with FIPS-M Rules.

Le système de classification qui sera utilisé est basé sur des points selon les règles FIPS-M.

### General Rules:

<https://www.fips-m.org/upload/pdf/reglementsFIPS-M/2021/General%20Rules%202021%20EN.pdf>

### Boat Angling Rules:

<https://fips-m.org/upload/pdf/reglementsFIPS-M/2024/General%20Rules%20FIPS-M%202024%20EN.pdf>



# Preliminary Registration Form

## Bulletin D'inscription Preliminaire – Ficha De

Country / Pays:

Federation / Fédération:

Address / Adresse:

**Responsible to Contact / Responsable à Contacter:**

Name / Nom:

E-mail:

Tel:

- We are reporting the following number of team members U21
- Nous signalons le nombre suivant de membres de l'équipe
- We are reporting the following number of supporting staff
- Nous signalons le nombre suivant d'accompagnants

Official Accomodation / Hébergement officiel: YES:  NO:

Please fill this preliminary registration form by 15/05/2024, and send it to:

Prière de remplir ce formulaire d'inscription préliminaire avant le 15/05/2024, et l'envoyer à:

**wbcy24@ifsa.ie**

Date: / Data:

Signature: / Assinatura:



# Final Registration Form - Bulletin d'Inscription définitif

**JUNIORS Naissance: (2002 - 2007)**

Country / Pays:

Federation / Fédération:

Responsible to contact / Responsable à contacter:

Name / Nom:

E-mail:

Tel:

## Competitors / Concurrents:

	Name / Nom	Birth Date / Date de Naissance
1		
2		
3		
4		
5		

## Reserve / Réserve:

	Name / Nom	Birth Date / Date de Naissance
1		

## Captain / Team Manager:

	Name / Nom
1	
2	

## Companions / Accompagnateurs:

	Name / Nom
1	
2	
3	
4	
5	



# Final Registration Form - Bulletin d'Inscription définitif

**JUNIORS Naissance: (2002 - 2007)**

Arrive / Arrivée  Flight n° / Vol n°

Departure / Départ  Flight n° / Vol n°

Transfer: Yes / Oui  No / Non

## Official Accomodation / Hébergement officiel:

COSTS FOR / PRIX DE SEJOUR					
Competitor / Concurrent	=	1000.00€	Team (x5)	=	5000.00€
Reserve / Réserve	=	800.00€	x	=	
Team Manager / Capitaine	=	800.00€	x	=	
Accompanying / Accompagnateur	=	800.00€	x	=	
			<b>TOTAL</b>	=	€

## Unofficial Accomodation in own arrangement/ Hébergement non officiel en propre arrangement:

COSTS FOR/PRIX DE SEJOUR / PREÇO POR:					
Competitor/Concurrent / Concorrente	=	600.00€	Team (x5)	=	3000.00€
Reserve / Réserve	=	400.00€	x	=	
Team Manager / Capitaine	=	400.00€	x	=	
			<b>TOTAL</b>	=	€

Date / Data \_\_\_ / \_\_\_\_ / 2024

\_\_\_\_\_  
Signature and stamp / et timbre

Total amount in Euro to be transferred to the following bank account, **until 30/06/2024** /Montant total en euros doit être transféré sur le compte bancaire suivant, **jusqu'au 30/06/2024** (net of any bank charges/ déduction faite des frais bancaires)

**Bank:** ALLIED IRISH BANK **IBAN:** IE81 AIBK 9310 5539 5160 91 **SWIFT/BIC:** AIBKIE2D

Return before/ Remettre avant le **30/06/2024** to: **IRISH FEDERATION OF SEA ANGLERS**



# Participation

## Official Accommodation / Hébergement officiel:

THE PARTICIPATION FEE COVERS / THE PARTICIPATION COMPREND:			
	Team / Equipe	Captain / Capitaine Team Manager	Supporting Staff Accompagnants
Hotel accommodation / Logement à l'hôtel	X	X	X
Breakfast, lunch / lunch pack and dinner / Petit déjeuner et dîner / panier déjeuner et dîner*	X	X	X
Gala dinner / Diner de Gala	X	X	X
Closing Ceremony/Cérémonie de Clôture	X	X	X
Tourist Program/Programme touristique	X	X	X
Excursion	X	X	X
Boats for Official Training and Competition / Bateaux pour entraînement et Competition	X	X	
Baits for Official Training and Competition / Appâts pour entraînement et Competition	X		
Share in overall organizational expenses / Part des frais d'organisation d'ensemble	X	X	

\*Beginning from dinner on / du dinner du 12/10 to Breakfast on / Petit déjeuner du 19/10

No drinks included / Pas de boissons incluses





# Participation

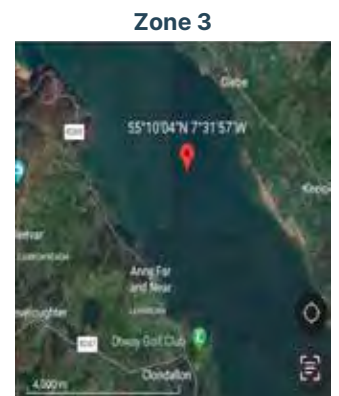
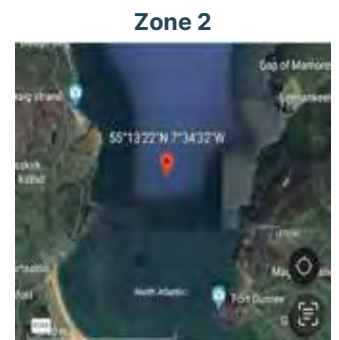
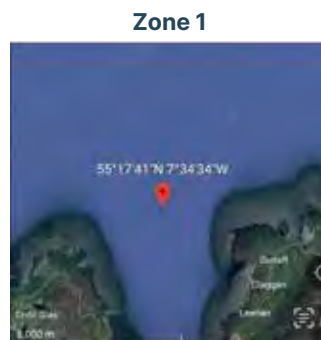
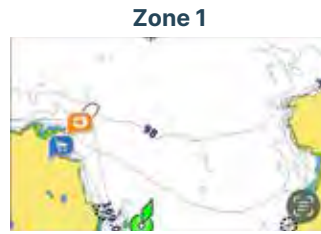
Unofficial Accomodation in own arrangement /  
Hébergement non officiel en propre arrangement:

THE PARTICIPATION FEE COVERS / THE PARTICIPATION COMPREND:			
	Team / Equipe	Captain / Capitaine Team Manager	Supporting Staff Accompagnants
Hotel accommodation / Logement à l'hôtel			
Breakfast and Dinner / Petit déjeuner et Dîner*			
Lunch packs for official fishing days / Packs déjeuner pour les journées de pêche officielles	X		
Gala dinner / Diner de Gala	X	X	
Closing Ceremony / Cérémonie de Clôture	X	X	
TOURIST Program / Programme touristique	X	X	
Excursion	X	X	
Boats for Official Trainig and Competition / Bateaux pour entrainement et Competition	X	X	
Baits for Official Trainig and Competition / Appâts pour entrainement et Competition	X		
Share in overall organizational expenses / Part des frais d'organisation d'ensemble	X	X	

\*Beginning from dinner on / du diner du 12/10 to Breakfast on / au Petit déjeuner du 19/10



# Angling Sites / Zones de Pêche



# Not valid for the Classification / Ne Compte pas pour le Classement



Herring



Mackerel



Sandeel



Weever



# For the Classification / Pour le Classement

## LIKELY SPECIES OF FISH TO BE CAUGHT



Black Bream



Brill



Ling



Cod



Pollock



Tub Gurnard



Lesser Spotted Dogfish



Conger Eel



Red Gurnard



Cuckoo Wrasse



Cuckoo Wrasse



Turbot



Dab



Whiting



Ballan Wrasse



Thornback Ray



Plaice



Bass



Tope



## Groups and Points / Groupes et Points

Group / Groupe 1		Points
Poor Cod / Capelan	Trisopterus Minutus	1
Pout / Guidon	Trisopterus Luscus	1

Group / Groupe 2		Points
Ballan Wrasse / Vieille Commune	Labrus Bergylta	2
Whiting / Merlu	Merlangius Merlangus	2
Dab /	Limanda Limanda	2
Coalfish / Lieu Noir	Pollachius Virens	2
Cuckoo Wrasse / Vieille Coquette	Labrus Mixtus	2
Grey Gurnard / Grondin Gris	Eutrigla Gurnardus	2
Tub Gurnard / Grondin Rouge	Chelidonichthys Lucerna	2
Red Gurnard / Grondin Rouge	Chelidonichthys Cuculus	2

Group / Groupe 3		Points
Red Mullet / Rouget de Roche	Mullus Surmuletos	3
Flounder / Flet	Pleuronectus platessa	3
Plaice / Plie	Pseudocyttus maculatus	3
Megrim /	Pseudocyttus maculatus	3

Group / Groupe 4		Points
Pollock / Lieu Jaune	Pollachius	4
Haddock / Églefin	Melanogrammus Aeglefinus	4
Bullhuss / Grande Rousette	Scyliorhinus Stellaris	4
Cod / Cabillaud	Gadus morhua	4
Dogfish / Petiterousette	Scyliorhinus canicula	4
Spurdog /	Squalus Acanthias	4



## Groups and Points / Groupes et Points

Group/Groupe 5		Points
Blonde Ray / Rayon Blond	Raja Brachyura	5
Thornback Ray / Rayon Bouclee	Raja Clavata	5
All Ray / Rayon	Raja	5
Smooth-hound / Emissole Grivelee	Mustelus Ravidus	5
Turbot / Turbot	Scophthalmus Maximus	5
Brill / Barbue	Scophthalmus Rhombus	5
Ling / Lingue Blanche	Molvamolva	5

Group/Groupe 6		Points
Bass / Loup	Dicentrarchuslabrax	6
Conger Eel / Congre	Conger	6
Tope / Triakidae	Émissole	6

- All species not mentioned are worth 1 point (minimum size 18 cm)
- Toutes les espèces non mentionnées valeur 1 point (taille minimale 18 cm)

## Baits / Appats

- It will be provided to each angler on each day of competition and on the training day:
- Il sera remis à chaque pêcheur chaque jour de compétition et le jour de l'entraînement:

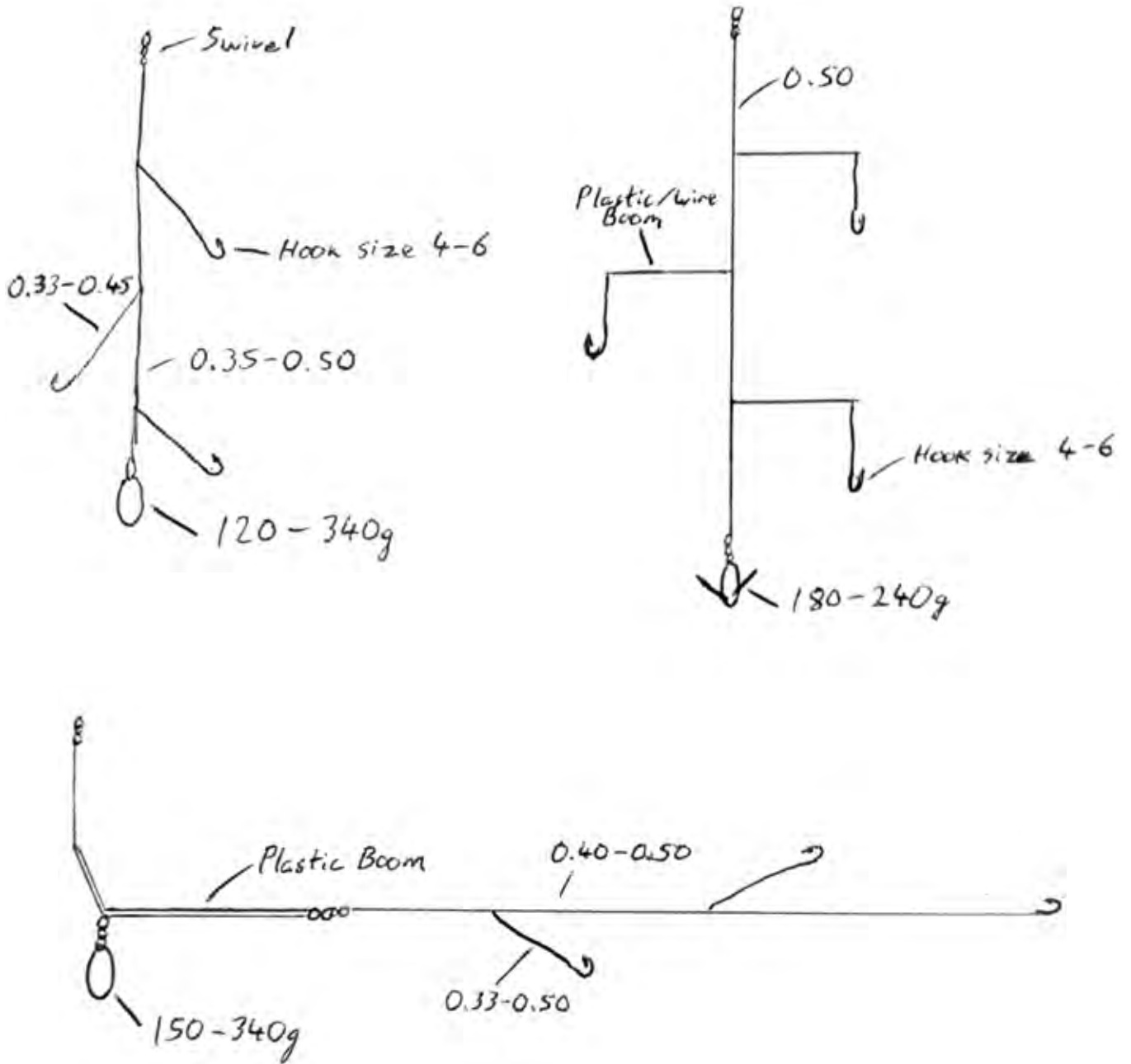


Frozen Sandeel 2 Packs / 2 Packs de Lançon Congelé

6 x Frozen Mackerel / Maquereau congele



# Suggested Traces / Bas de Lignes Suggérés



## Boats / Bateaux





# Training and Extra Accommodation / Entraînement et l'hébergement Supplémentaire

Training boats need to be booked through the IRISH FEDERATION OF SEA ANGLERS, we recommend booking your boats with us as soon as possible. Also let us know if you require Bait packs.

If the teams want to rent boats for training, bait and accommodation in the same place as the competition, the federation can do so, just send us this information.

Si les équipes souhaitent louer des bateaux pour les entraînements, appâts et l'hébergement sur le site de la compétition, la fédération peut le faire, il vous suffit de nous envoyer cette information.

## Prices / Prix / Preços

Boat / Bateau	600€
Bait / appât - 1 Competitor / Concurrent	25€

The boats and the bait are the same of the competition

Les bateaux et les appâts sont les mêmes pour la compétition

## Accommodation before the competition / Hébergement avant la compétition

Please contact the Ireland federation / Veuillez contacter la fédération Ireland

## Contacts

### IRISH FEDERATION OF SEA ANGLERS

JOHN MARTIN      secretaryifsa2018@gmail.com

BRIAN WHELAN      wbcy24@ifsa.ie



# World Anti-Doping Agency

## ESSENTIAL ANTI-DOPING ADVICE

Athletes are reminded if they take any medication, they must check it against the WADA Prohibited Substance & methods list.

Particular attention must be paid to the use of anti-hypertensive agents, especially diuretics, which are popular in singular preparation and/or in a combination with other normally permitted drugs. Diuretics are always forbidden.

For these reasons, it is necessary for every athlete or National federation to check the list for prohibited substances and process a TUE as necessary. The Therapeutic Use Exemption [TUE] must be granted before taking a prohibited medication.

An Application for a TUE must be requested 30 days before taking part in the championships. The application forms must be filled in Carefully with your physician/doctor who must authorise the application. A physician's certificate or prescription on its own does not mean that the athlete has permission to use the prohibited substance or method.

The application should be completed either in **ENGLISH OR FRENCH** and sent directly to the office of the CIPS President.



**Email:** [office@cips-ips.com](mailto:office@cips-ips.com)

Every athlete has a right to clean sport.

**WORLD ANTI DOPING AGENCY:** <https://www.wada-ama.org/>





